



# Falls and Frailty bulletin

November 2024

**The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty**

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## Articles

**Falls in older adults: causes, assessment and management**

Harper A, Wilkinson I  
Medicine 52 (11) 677-683

**Frailty and sarcopenia**

Thompson C  
Medicine 52 (11) 652-655

**Frailty trajectories preceding dementia in the US and UK**

Ward D et al  
JAMA Neurology online first frailty trajectories

**Preventing future falls: strategies for success**

Ramadan F  
British Journal of Community Nursing 29 (11) 536-538

**Frailty predicts in-hospital death in traumatic brain injury patients: a retrospective cohort study**

Liu H et al  
Therapeutics and Clinical Risk Management 20 (2024) 665-675

**Effects of exercise on frailty in older people based on ACSM recommendations: a systematic review and meta-analysis of randomized controlled trials**

Pan N et al  
Journal of Clinical Medicine 13 (11) 3037

**Old age, frailty and atrial fibrillation: the challenge of heterogeneity**

Abbasu K  
BMJ 387 (8449) old age



**Failure to rescue in geriatric ground-level falls: the role of frailty on not-so-minor injuries**

Hejazi O et al

Journal of Surgical Research 302 (Oct) 891-896

**Application of the world guidelines for falls prevention and management's risk stratification algorithm to patients on a frailty intervention pathway and the potential utility of sensory impairment information**

Katiri R et al

BMC Geriatrics 24 (1) 1-9

**Frailty and the ageing skin: understanding skin tears**

Sandoz H

Journal of Community Nursing 38 (5) 20-26

**Frailty and medication appropriateness in rural adults: proposing interventions through Pharmacist-Physician collaborative efforts**

Garcia C et al

Journal of Clinical Medicine 13 (19) 5755

**The feasibility and acceptability of engaging older adults living with multiple long-term conditions, frailty and a recent deterioration in health in research: findings from the Lifestyle in Later Life – Older Peoples Medicine (LiLL-OPM) study**

Hurst C et al

BMC Geriatrics 24 (1) 831

**Preventing future falls: strategies for success**

Ramadan F

British Journal of Community Nursing 29 (11) 536-538

**Effects of BMI and grip strength on older adults' falls—A longitudinal study based on CHARLS**

Lei Huangx

Frontiers in Public Health 2024 (Dec) epub bmi and grip strength

**Age-related disparities in older adults in trauma**

Gheinm M et al

Surgery 176 (2024) 1771-1773